



All students doing rotations at Ballad Health hospitals and facilities must have this document on them at all times in clinical areas.

Please refer to the electronic Nursing Reference Library for procedure guidance.

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Student nurse signature

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Witness signature

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Date



It's your story. We're listening.

# Skill Guidelines

for nursing student clinical rotation



It's your story. We're listening.

## Skills students can do independently after faculty observes and approves

- Assist and feed patients
- Apply TEDs or SCDs
- Assist with ambulation
- Assist with application of ice bags
- Assist with incentive spirometer
- Assist with ROM exercises
- Baths, skin and perineal care
- Discontinue peripheral IV/INT
- Disposal of suction canister contents
- Drains: empty, recharge and measure output
- Empty and discontinue urinary catheters
- General assessment
- Linen changes
- Monitor and record intake/output
- Mouth care
- Oral suctioning with Yankauer
- Ostomy pouch care: empty and clean
- Re-apply oxygen by nasal cannula
- Position urinals/bedpans
- Transport/transfer
- Vital signs/pulse oximetry

## Skills that require Ballad Health RN supervision at all times

- Central line dressing change (PICC, port, CVL)
- Urinary or intermittent catheter insertion

## Skills that require faculty/preceptor/coach supervision at all times

- Administration of all non-controlled medications, including PO, IM, SQ, IV, inhalants, topical, rectal and vaginal
- Admissions/transfers/ discharges
- Apply or change ostomy bag
- Chest tube maintenance
- Collect specimens (urine, stool, sputum)
- CVL removal
- Documentation of assessment, flow sheet and nurses notes
- Enemas
- Feeding tube management
- Insertion or removal of NG and feeding tubes
- Maintenance of TPN
- Maintenance of IV pumps
- Management of specialty beds
- Ostomy irrigation
- Peripheral arterial line care/dressing change/flush
- Peripheral arterial line removal
- Peripheral IV insertion and maintenance
- Phlebotomy
- Post-mortem care
- Pressure injury wound care
- Removal of surgical drains
- Restraints (application and maintenance)
- Wound dressing changes (sterile and non-sterile)
- Suction: ET, tracheal, ambu or pre-oxygenating
- Suture/staple removal and application of steri-strips
- Trach care: site care and dressing change
- Vacuum-assisted wound care and maintenance
- Wound irrigation

## Skills for student observation only (may not participate at any time)

- Accu-Chek® (bedside blood glucose monitoring)
- Administer blood products or chemotherapeutic agents
- Administer experimental or research drugs
- Administer immunosuppressive drugs to transplant patients
- Administer scheduled or controlled medications
- Administration of paralytic agents
- Administration of thrombolytics: streptokinase, TPA and eminease
- Administration/maintenance/titration of nifedipine, inco, dopamine, dobutamine, tridil, lidocaine, bretylol, isuprel or levophed
- Arterial puncture
- Assisting with intubation/extubation
- Blood draws from central lines (PICC, port, CVL)
- Cardioversion/defibrillation
- Central venous pressure monitoring
- Changing trachs, ET tubes or checking cuff pressures
- Hemodynamic monitoring: setup, maintenance, measuring
- Insertion/maintenance of Sengstaken-Blakemore/ Minnesota tubes
- Make ventilator changes
- Manage wedge and pulmonary artery lines
- PCA pump setup
- Pronounce death of DNR patient
- Remove meds from Automated Dispensing Cabinet (ADC)
- Sheath removal
- Take and sign off MD orders (unless witnessed and co-signed by RN)
- Witness or provide signature for legal documents
- Witness signature of informed consent
- Management of hyper/hypothermia systems